

PARKCITY[®]

EDITION
01

PP 19393/10/2018 (034975)

Excite

A ParkCity Publication

Discover your passion and indulge in

Food, Lifestyle & Culture



NITRO CHICKEN is owned by Antar Bros Group created in the Middle East and brought to Malaysia, carrying 40 years' heritage of family secret recipe to move the industry to a higher level. Nitro Chicken is committed to provide a high level of cleanliness and freshness by using natural ingredients to ensure a distinguished quality. During your visit, you will enjoy the atmosphere of speed and enthusiasm through the design of our restaurant inspired by racing cars.

We welcome you and your family to live the Nitro Chicken experience, and enjoy our amazing Summer Promotion and Free Gifts.

Go Combos & More



**RM
64.90**

- Nitro Fried Parade Combo**
- 9 Pcs Fried Chicken 2 Fries
- 1 Coleslaw / 1 Rice
- 1 Coca Cola (1.5L)

*Free Delivery inside
Desa ParkCity*

For further information please contact us: A-G-1, Plaza Arkadia, Persiaran Residen 3, Desa ParkCity, 52200 Kuala Lumpur Malaysia / Mynitrochicken    

 +603 27126833
+603 27126844



www.nitrochicken.com



info@nitrochicken.com



It's exciting times ahead.

A new nation and changing horizons...

Desa ParkCity is all about community, and constantly offering a first-class experience to our neighbourhoods and families. This inaugural issue of EXCITE brings you news about where to dine and unwind, with making your stay at Desa ParkCity a rewarding one.

The Waterfront at Desa ParkCity is evolving – by end-2019, it will be ready to offer patrons with more choices amidst new lush greens and rich foliage. Plaza Arkadia is filling up at a steady pace – with a myriad of interesting F&B outlets now open and more visitors chilling in its cosy ambience. Nearby in Car Park 3 outdoors, we are playing host to many expos and large-scale shows that will bring in entertainment for the whole family.

This year, the ParkCity Group has expansions in Hanoi, Vietnam, with a shopping precinct ready next year. In East Malaysia, Miri Times Square has just been completed and will welcome its first outlets soon – placing ParkCity as a community builder for the people of Miri.

A warm welcome to exciting offerings to come, and a glorious future.

Datuk Joseph Lau | Group CEO, ParkCity

MASTER DEVELOPER

PARKCITY™



All information herein are verified correct at the time of print but are subject to change without prior notice. Perdana ParkCity Sdn Bhd reserves the right to make amendments or change information as required.
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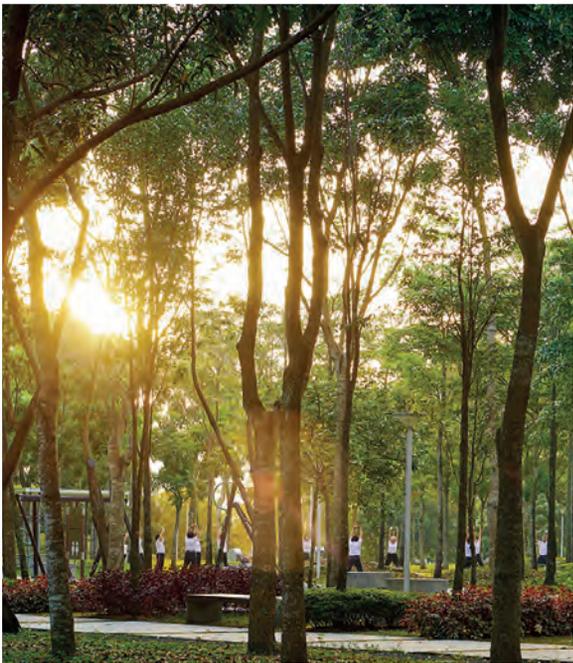
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Desa ParkCity

- a brief history

15 years ago, 473 acres of land stood unwaning, awaiting a transformation that is now known as – Desa ParkCity. It started with a vision by a company that did not have a long history in property development, but possessed a fervent desire to create something that was at that time “out of the box” for the urban population. What unfolded was a thriving neighbourhood integrated with modern life; housing, work places, education, leisure and entertainment – all within sustainable, natural landscapes and an extensive network that connected residents. From humble beginnings of a few compounds surrounding the waters, the Desa ParkCity community has grown rapidly with a plethora of reputable sought-after restaurants, educational centres for children, and fitness hubs. The world has now been bundled into one that is compact, convenient, and cool. The success of Desa ParkCity’s self-sufficiency has even gone on to expand to Miri, Sarawak and Hanoi, Vietnam reinforcing the benefits of flourishing townships within cities for both the people and environment. Although credited with official accolades, the residents’ satisfaction with Desa ParkCity’s fundamental philosophies will always be what spurs the brand onto greater ventures.



FOOD & BEVERAGE



*There is no sincerer love
than the love of food.*

– George Bernard Shaw

Kenny Hills Bakers



Intended to be an aloof spot that serves great coffee and artisanal breads, Kenny Hills Bakers has now become a name on the radar for all those seeking quality pastries. The founder of Kenny Hills, Mr Au, opened his first outlet in the serene area of Bukit Tunku in 2014, as one of the first hip cafes to enter the KL scene. The owner chose not to target the mass market due to his principles of providing natural food in a “slow” manner. This includes preparing organic based food with the likes of stone mill organic flour without any added preservatives or artificial flavours. A rare gem amongst falsities, Kenny Hills prioritises the consistency of their products over robotic services in order to fine-tune their recipes to absolute perfection. The inspiration for Kenny Hills Bakers stemmed from the concept of being “old school” by embodying the basics and serving takeaway coffee and bread. As Kenny Hills Bakers started to pick up traffic - Mr. Au began to find like-minded individuals who appreciated his vision, and his dedicated employees who are equally as passionate, and were professionally trained for 6 consecutive months by a “master baker” from the U.K. With so many delectable goodies, it can be overwhelming to make a choice but if you had to choose – try their infamous triple threat: Pies, pizzas, and pastas! (Eating all three in one sitting permitted). Every single one of their treats will leave you salivating for more, but if you want to go off the beaten track, dabble your fingers into Mr. Au’s personal favourite: the sourdough thin crust pizzas. You could also try his originals and indulge in some oh-so-yummy carbs; Au claims that the breads have an “English feel” to them as it follows recipes formulated hundreds of years ago. An additional benefit that you won’t be able to find elsewhere is that Kenny Hills Bakers is diet-friendly. They try their best to use ingredients that don’t cause bloating, as well as vegetarian-based tarts for a healthier twist. Despite all the heart-warming praise this bakery gets, Au still sees Kenny Hills Bakers as your average neighbourhood patisserie. From humble beginnings, Kenny Hills remains a people-driven business, but remains optimistic about creating ridiculously delicious food that is good for you. After all, the world always needs more pastries!

KENNY HILLS BAKERS
 Lot no GF-06, The Waterfront
 Tel 03-6419 5990





Anther & Stigma Floral Café



A café like no other, Anther and Stigma is a multi-faceted space that provides flower arrangement services and the picture-perfect place for events. With stunning scents that fill the air, you can expect to be swept off your feet by a whirlwind of joy, and if you wanted to bring a date, you'll be glad to know there's a "Tea for Two" promotion at a steal of RM55- Share the experience over a floral tea set consisting of assorted Malaysian desserts and sandwiches. Feeling grateful or romantic? Anther & Stigma has got you covered by offering the lovely coupling of a bouquet of fresh roses and buttercream cake for RM220. Talk about swooning.



ANTHER & STIGMA FLORAL CAFÉ

Lot no H-1-10, Plaza Arkadia
Tel 03-6262 2818
FB @antherstigmamy
IG @antherstigma

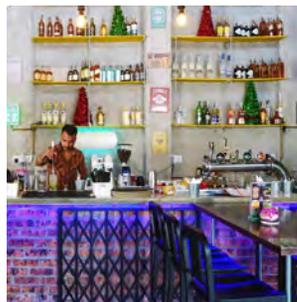


Kuro Japanese Steamboat

Magnificently delivering authentic Steamboat experiences, the founders of this gem spent extensive time in Japan, honing in their own skills under experienced chefs. Not only did they bring the art back to KL, but they have also implemented a typically Malaysian demand – variety! Kuro offers over 37 ingredients including a mix of "thinly sliced, melt-in-your-mouth" Japanese pork belly, Australian beef, and seafood. If it's your birthday, you get a special 10% discount off the adult buffet, so dig in, or rather, scoop in.

KURO JAPANESE STEAMBOAT

Lot no F-G-3, Plaza Arkadia
Tel 03-2778 4370
FB @KuroJapaneseSteamboat
IG @kurosteamboat



Nutz n Boltz

Feel-good vibes run through the foundation of Nutz n Boltz whilst bringing a colourful menu to the people. With a reputation as a snazzy restobar, you'll be sure to enjoy perfect treats such as the soft shell crab buttermilk linguine, chicky jerk with an Asian twist, tantalizing apricot-glazed salmon, and plenty of Asian classics to rub your tummy the right way. If you're feeling a little sinful, sip on the refreshingly fruity cocktails that mesh contemporary flares with Cuban and Spanish classics. Enjoy with good company, or alone... We won't judge.

NUTZ N BOLTZ

Lot no G-G-18, Plaza Arkadia
Tel 012-316 1143

The Social

As a popular staple in KL's food industry, The Social strives to be a second home that is no stranger amongst family, friends, and colleagues. With scrumptious dishes ranging from local delights to western comfort food, there's always something for everyone. Not to mention, with the recent World Cup, this hot spot was screening all football matches live and offering the "Tiger Fiver Promotion" (RM 80 for 5 glasses of Tiger Beer).

If that didn't pique your interest, "The Amazing Social Race Charity Event" was the first of its kind that includes an adrenaline-filled race requiring a completion of 15 challenges around the Central Park to win a grand prize. To top it all off, the evening continued with a music charity event and even more exciting prizes up for grabs!

THE SOCIAL

Lot no GF-02, The Waterfront
Tel 03-6279 9225



Yamachan

Craving delicious, Japanese chicken wings? Search no more, because Yamachan is offering incredible prices with their newest promotions. For just RM159, you can get 50 pieces of Tebasaki with an additional 15 wings for free and 100 pieces with 35 free at RM318. To make it even more of a fiesta, there's a free flow of Suntory Premium Malts beer from 5-7pm, because who would want to miss out on an iconic duo of beer and wings? And if you're ever thinking a little more big scale, Yamachan also provides an event venue for corporate functions and private parties!

YAMACHAN

Lot no H-G-05, Plaza Arkadia
Tel 03-6411 1718/1738
Reservation Hotline 010-296 1738



El Mesón

El Mesón always packs the heat by bringing the best of Spain through divine, traditional fare that utilises ingredients sourced both locally and abroad ensuring a scrumptious experience. Gastronomical offerings are also one of their specialties, which constantly rotates to be spruced up every quarter, so you'll never get bored. To up the ante, the Spanish nook also serves incredible charcuterie plates along with fruity sangrias to start off your night on the right note. Vamos!

EL MESÓN

Lot no GF-05, The Waterfront
Tel 03-6263 6227

Thai Hou Sek

Living up to their name- "Thai Hou Sek" translates to "very delicious". So go on and tantalise your taste buds with a playful twist on Thai-Chinese street food, which boasts mouth-watering sharing plates and porky treats, exclusively found at this joint. Although their signatures are a must, be sure to try out their brand new premium items that include Deep Fried Garoupa with Samrod Sauce, Steamed Clams & Prawns in Spicy Lime Soup with Chang Beer, and scrumptious Deep Fried Pork Knuckle. After all, two legendary cuisines combined are better than one.

THAI HOU SEK

Lot no B-G-11, Plaza Arkadia
Tel 03-2715 4727
FB @ThaiHouSek
IG @thaihousek





Chan Jang Korean Restaurant

If there were two words to encapsulate this spot it would be authentic and affordable, and is there anything else you could possibly want (except a side serving of mouth watering kim-chi)? At Chan Jang, they marry traditional dishes and contemporary cuisine to create a culinary masterpiece. Try their individual set meals or take advantage of their lunch promotion, which includes a 10% discount of the entire bill with an order over RM100.

CHAN JANG KOREAN RESTAURANT

Lot no A-1-1, Plaza Arkadia
Tel 03-2721 2358



Lucky Peaches eating hall + bar

This spot at Desa ParkCity delivers nothing short of comfort food that fills both your heart and stomach and strictly, good conversation. With colourful Asian flavours and lusciously decadent cakes from Huckleberry, you'll want to prolong the night with a crew of friends and enjoy their Bavarian beer. Grab a spot now at their welcoming al-fresco space and prepare to be pampered by the thrill of "passion on a plate", along with great conversation with friends.

LUCKY PEACHES EATING HALL + BAR

Lot no B-G-8, Plaza Arkadia
Tel 03-2712 0705

Open on Tue – Fri, 11am – 10pm (kitchen closes in between 3-6pm). Sat – Sun, 8.30am onwards for coffee and pastries (kitchen opens from 12pm till late, closed in between 3-6pm). Closed on Mondays.



Espressolab

Just. Good. Coffee. That's their slogan and you'll be sure to believe it once you sip on a warm, wholesome cup of Java. Specially designed to be the ideal place to chill out and unwind, Espresso Lab's environment is one so cosy that it's no surprise to see many glued to their seats enjoying a novel, studying, or just basking in relaxation while munching away on food that rivals your home cooked meals.

ESPRESSOLAB

Lot no FF-08, The Waterfront
Tel 03-6261 0017

Taste our *Fantastic*

Meals!



Sorrok serves an international cuisine with a wide range of signature cocktails, a must visit place for great food, drinks and music.

*available
MON-SUN
3pm till late*

RSVP

Email: ask@sorrok.com

FB: @sorrok

M: +60 11 1786 1140 Office: +603 6411 1130 +603 6411 1170

A-G-6 Plaza Arkadia, No 3, Jalan Intisari Perdana, Desa ParkCity 52200 Kuala Lumpur, Malaysia



Grilled Lamb Chop



Nasi Lemak Lobster



Flamed Grilled
Cajun Chicken



Blueberry Blaze



*Good health and good
sense are two of life's
greatest blessings.*

– Publilius Syrus



Dancesteps

As a dance academy veteran, Dancesteps has been offering a diverse range of classes such as ballet, modern and tap for 19 years and counting. They also administer professional teaching programs for aspiring dance instructors under the guidance of the universally recognised Royal Academy of Dance (RAD) and Imperial Society of Teachers of Dancing (ISTD). With credentials like these, one can truly believe that “We teach the steps, you be the star”.

DANCESTEPS AT PARKCITY

Lot no E-1-9, Plaza Arkadia

Tel 012-376 1202

FB @Dancesteps.Studio.Malaysia

IG @ds_dancestepsfamily

Bali Ayu

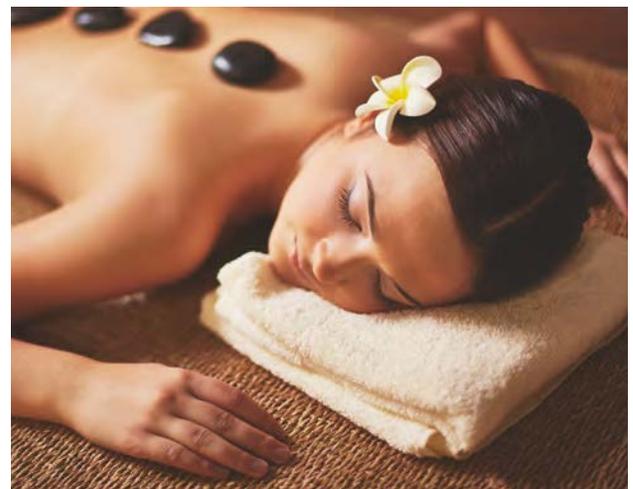
Indulge yourself and bask in the tranquillity of a premium Balinese retreat by receiving one of Bali Ayu's signatures. Be pampered by a traditional Balinese massage and ease muscle tensions with their Hot Stone treatment, or even try something unorthodox like the four hands massage. Get your first aromatic trial for RM130 or repose with the Energy Meridian Deep Tissue therapy for over an hour at RM138 (worth RM625). You know you want to.

BALI AYU

Lot no F-1, Plaza Arkadia

Tel 012-800 2339

FB @Baliayu Spa Sanctuary



Thrive

Kick-start your journey with Thrive by purchasing the Grit 10 package and redeem 2 free additional sessions to transform your body into one that is strong and healthy. At Thrive, they offer explosively dynamic exercises, core focused strengthening, weight-lifting, fat-burning dance inspired workouts, and many more to get you revved up. Find your new workout addiction today.

THRIVE

Lot no G-1-8, Plaza Arkadia

Tel 03-2715 9783

FB @Thrive.Malaysia

IG @thrive.my

Web thrivemy.com





F45 Training

F45 training is the new training program that leaves both competition and clients gasping for air. Priding themselves on being the most innovative, challenging and systemised team training workout in the world - you can expect to feel fresh and energised after sessions, along with new strong bonds with fellow workout buddies. Don't be shy, and train with the stars at F45.

F45 TRAINING

Lot no H-1-16, Plaza Arkadia

Tel 012-611 3294

FB @F45DesaPark

Web www.f45training.my/desapark/marketing/

IG @f45_training_desapark/



Holistic Chiropractic & Wellness Centre

The chiropractors at this centre aim to affirm wellness through the alleviation and treatment of joint dysfunctions. Along with any problems regarding the spine to ensure maximal health, they strongly abide by the philosophy that you are worth it. As a show of support to this year's World Spine Day, Holistic Chiropractic & Wellness Centre will be providing free screening to the public throughout the month of October, in an attempt to raise awareness and help those in need.

HOLISTIC CHIROPRACTIC & WELLNESS CENTRE

Lot no B-1-7, Plaza Arkadia

Whatsapp or call 018-972 4072 for appointments. (Based on a first come, first served basis)

FB @Holistic Chiropractic & Wellness Center



Klinik Terry Lee

In this day and age, physical enhancements are at an all-time high, but not everyone feels invested enough to go under the knife. At Klinik Terry Lee, they offer non-surgical cosmetic procedures such as facial rejuvenation that are FDA-approved with low risks and quick recovery periods. Treatments provided are slimming, laser, lipolysis, fillers, Botox and many more. Now, both men and women are welcome to feel and look the way they deserve.

KLINIK TERRY LEE

Lot no G-1-10, Plaza Arkadia

Tel 016-523 7428

FB @Klinik Terry Lee - Desa ParkCity

Web <http://www.terryleeclinic.com/>

Yo'me Sports

Your days of lacking stylish sportswear are over as Yo'me is the newest contender in the attire industry with designs fit for the catwalk. They are also wearable in any climate, so show them off in a free trial class of yoga, zumba, or pilates at the Yo'me outlet. A free membership can also be obtained with a 20% discount all year round, as well as a free class in your birthday month.

YO'ME SPORTS

Lot no H-1-15, Plaza Arkadia

Tel 03-6412 2880

FB @YOME Sports

Web <http://www.yomesports.com/>





THE INTERNATIONAL SCHOOL @ PARKCITY

For Children Aged 3 to 18 Years Old



“The school provides an outstanding quality of education which prepares students exceptionally well for the next stage of education.”

ISQM Accreditation Report 2017

OPEN DAY

18th August 2018

22nd September 2018

20th October 2018

From 11:00am to 1:00pm

THE EARLY YEARS CENTRE

For Children Aged 3 to 5 Years Old

Located next to the ParkCity Club House, The Early Years Centre (EYC) is a purpose built facility providing bright, open-plan indoor spaces and green outside environments. We create safe, stimulating learning spaces for young children to develop their skills in preparation to progress into Year 1 of the Primary School.

+603 6280 8880  info@isp.edu.my www.isp.edu.my

 1, Jalan Intisari, Desa ParkCity, 52200 Kuala Lumpur

Accreditation:



 Distinguished School
Recognized by Apple as a distinguished school for innovation, leadership, and educational excellence.

Curriculum:

 Cambridge Assessment
International Education
Cambridge International School



Affiliation:



Developer:



*There are no 7 wonders of
the world in the eyes of a
child. There are 7 million.*

– Walt Streightiff

Mosaic Art Studio

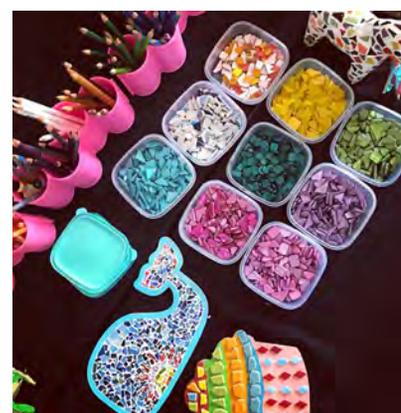
Much like its name, Mosaic offers several services with a sole intent - producing creativity and beautiful tiles. The first is "Mosaicpedia" which is specifically curated for those between 3 and 7 that involves learning the basics of art. "Live, Learn & Play" are for kids aged 8-13 that expands on analytical skills such as problem-solving mosaic art, and finally, "Mosaic Therapy" is for adults looking for a creative outlet. You can even book out this artsy venue for events.

MOSAIC ART STUDIO

Lot no F-1-13A, Plaza Arkadia

Tel 016-665 9275

FB @mosaicartstudiomy



Noriter

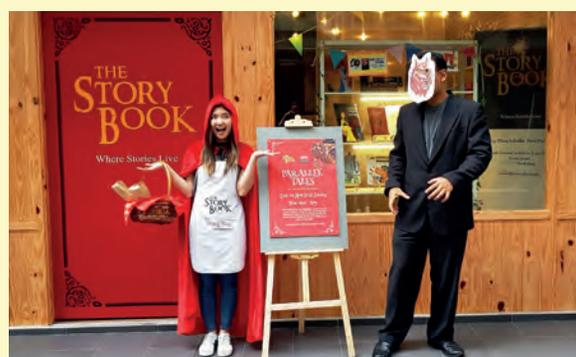
This bright, calming space is the ultimate spot to bring your kids to for a safe and nurturing play date, as Noriter prides themselves on being eco-friendly and houses only the best of toys. Mummies are also invited to enjoy lattes and enjoy desserts, whilst keeping an eye at the sweet price of RM20 per kid. Groups are welcomed for parties and if there are 10 or more individuals – you get RM10 off per kid. Everyone enjoys great fun on a budget!

NORITER

Lot no B-1-12, Plaza Arkadia

Tel 03-2720 8851 / 010-295 3099

FB @mknoriter



The Story Book

Located deep within dreamy hub of The Story Book, your kid's favourite bedtime stories can come true with the help of activities, workshops, performances and more! Come experience the wonderland that allows stories to live outside their books and feel the sheer joy of believing in magic. Find out more on their story-based events and workshops at www.thestorybook.my

THE STORY BOOK

Lot no E-1-13, Plaza Arkadia

Tel 03-6411 3817

FB @thestorybooklives



HJ Education

This efficient centre provides classes to help students ace their IGCSE's and includes subjects such as: Mathematics, Sciences, English, and Mandarin. HJ Education also offers other courses such as TOEFL, TESOL, and IELTS, as well as school entrance services so you don't have to worry about the inconveniences.

HJ EDUCATION

Lot no E-1-11, Plaza Arkadia
Tel 03-2722 7452



Knowledge Tree+ Montessori Kindergarten

Knowledge Tree is a Montessori Kindergarten merged seamlessly with Malaysian school syllabus, where children are taught both academic work and self-directed activities and hands-on learning. Kids are encouraged to engage in Montessori materials, which help increase their motor skills amongst many areas of development for a smooth transition into primary school. Check it out and enrol your child for a 2-day trial class!

KNOWLEDGE TREE+ MONTESSORI KINDERGARTEN

Lot no E-1-15 & E-1-16, Plaza Arkadia,
Tel 012-3311 180 / 03-6412 2188



Gloria Musica

Founded in 2012, Gloria Musica aims to nurture music students with love and passion towards excellence. With missions to create the best platform for musical expression, this school delivers an ever growing range of expertise from early childhood to advanced diploma levels in piano, vocal, violin, guitar, and more, with plenty of performances and competitions available each year. Their most notable program is Music for Young Children (MYC) – a key Canadian music curriculum.

GLORIA MUSICA (SCHOOL OF MUSIC)

Lot no E-1-10, Plaza Arkadia
Tel 016-900 8733 (Ms Yap) / 016-216 6335 (Ms. Lee)
E-mail gloriamusica@hotmail.com
FB @GloriaMusica.SchoolofMusic
Web www.mycmalaysia.com.my

Kinderia

Kinderia whole heartedly embodies the all-in-one concept by offering fun enrichment programmes catered to infants and pre-schoolers, a family friendly café serving all the usual suspects such as coffee and sweet treats, and an event space. What's even better is that it offers an indoor playground so your kids can play safely at any time of the day.

KINDERIA

Lot no E-1-12, Plaza Arkadia
Tel 018-277 3400
E-mail mykinderia@gmail.com
FB @mykinderia





My Little World

Offering programmes designed for children 1 to 6 years old, My Little World works to be an immensely competent Preschool and enrichment centre that produces confident, intelligent children. Their beliefs are that learning should be fun and engaging by using processes of creative teaching, such as making lessons seem like play while embedding a subconscious love for knowledge, so kids willingly participate. These enrichment classes include: Drama, Arts, Science, Robotics, and many more. Get ready for the next generation of successes!

MY LITTLE WORLD

Lot no B 1-13 & b 2-13, Plaza Arkadia
Tel 017-279 8805

Yamaha Sonata

If your child has always fantasized about being a musical prodigy like Mozart, send them over to Yamaha for the J-course group classes that are a world-renowned music-learning programme for kids. They also offer programs for children as young as 3 years old, as well as individual lessons specialising in a plethora of instruments - suited for every genre, and even music camp with exciting workshops. Book a trial lesson for RM20!

YAMAHA MUSIC

Lot no F-G-11, Plaza Arkadia

Tel 03-641 1328

Open on Tuesday to Friday: 12pm – 9pm

Saturday: 9am – 6pm, Sunday: 11am – 7pm



The Waterfront DIRECTORY

ART/DIY/HOBBIES

GF-27	VOLT BICYCLE Your Cycling Companion	03-6280 7622
GF-29	Pets More.Com	03-6280 8449

BANK

FF-03 & 06	CIMB Bank	03-6204 7788
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CHILDREN AND ENRICHMENT

FF-16	Menuetto Dance and Fitness	03-6280 7664
FF-12	Art Workshop	010-435 6512
FF-03A & FF-05	Chubby Chubby	03-6280 7551
FF-02	Kizsports & Gym	03-6262 8169
FF-23	Menuetto Music	03-6280 7664

FOOD AND BEVERAGE

GF-02	The Social	03-6279 9225
GF-03	Starbucks Reserve	03-2633 1120
GF-03A	Onde Onde	03-6261 8286
GF-05	El Mesón	03-6263 6227
GF-06	Kenny Hills Bakers	03-6419 5990
GF-07	Rakuzen	03-6280 8310
GF-08A	Moo Cow	03-4041 5593 / 03-4041 5595
GF-08D	Three Little Birds Coffee	016-269 9348
GF-09	The Coffee Bean & Tea Leaf	03-6730 7968
GF-12	Nando's	03-6734 0100
GF-23	Shihlin Taiwan Street Snacks	016-216 7746
GF-33 & GF-33A	Baskin Robbins	03-6280 7131
GF-35	Kluang Station	03-6280 7039
GF-26	Wine Connection	03-6261 0199

FF-07	Amelio	03-6280 7212
FF-08	Espressolab	03-6261 0017
FF-26	Sudu	03-6262 1778
K-01	Boost Juice Bars	012-720 7590
KF-01	Tealive	03-6151 8581

HEALTH AND BEAUTY

GF-30	Watsons	03-6263 4871
GF-23A	Eu Yan Sang	03-6280 7028
GF-21	GNC Live Well	03-6280 8699
FF-11	Brazilian Pro-waxing Salon	016-290 1511
FF-01C	Tiara Nail Salon	017-2933 119
FF-21A	Hearing Partners	03-6280 8168
FF-10	Tranquil Touch Beauty Salon & Day Spa	03-6280 8882

IT

GF-20	The Phone Shop	03-6731 5578
GF-28	YES	03-6730 8436

OFFICES

GF-01	Sales Gallery	03-6280 8080
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SERVICES

GF-31	7-Eleven	03-6280 7806
GF-19	Parkcity Dental	03-6280 8048
GF-18A	Everest Ringgit	03-6280 7792
GF-18	Klinik Mediviron	03-6280 8395
GF-16	Mail Boxes Etc.	03-6280 8340
GF-17	Mashiro Aqua Dry Cleaners	017-360 2939
GF-25	My News.Com	03-6280 7698
GF-26A & GF-26B	ParkCity Cleaners	03-6262 0988
FF-15	Clare Child Specialist Clinic	03-6262 1221

SUPERMARKET

GF-22	MaxValu	03-6280 7790
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Plaza Arkadia DIRECTORY

BANK

E-G-13 & E-G-13A	Maybank	03-6261 8022
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CHILDREN AND ENRICHMENT

A-3-13	Cambridge Creative Campus	017-693 1230
E-1-09	Dancesteps at ParkCity	012-376 1202
A-1-03A	Flow Academy	03-2720 8023
E-1-10	Gloria Musica	016-900 8733
E-1-11	HJ Education	03-2722 7453
E-2-11	Inspired Minds Academy	03-2721 2231
E-1-12	Kinderia	03-2712 0602
E-1-15 & E-1-16	Knowledge Tree+ Montessori	012-3311 180
B-2-16	Mini & Moments	017-6500 976
F-1-13A	Mosaic Art Studio	016-665 9275
B-1-13 & B-2-13	My Little World Preschool	03-2710 9432
F-1-03A	Physics & Chemistry Learning Lab	03-2778 4269
F-2-08	Tuition Centre Hongik	03-6411 2580 / 03-6411 2346
E-2-13A	The Parkcity Learning Centre	03-2712 9288
E-1-13	The Story Book	016-217 6569
B-1-16	Tutu Toe Dance Academy	016-217 6569
F-G-11	Yamaha Sonata Music & Art	03-6411 3288

FASHION

G-1-06	Lesley Wardrobe	012-902 3021
H-1-01	Lovince Bridal Collection	03-6411 8637
H-G-13A	Topper Sports	03-6280 8593

FOOD AND BEVERAGE

E-G-10	Aunty Lee Restaurant	03-6411 2812
H-1-10	Anther & Stigma	03-6262 2818
A-G-10	BBQ Chicken Palace	03-6411 8292
A-1-01	Chan Jang Korean Restaurant	03-2721 2358
H-1-13	Cemento Café & Bistro	016-505 9891
E-G-11	Chicken House	017-6787 533
A-G-05	Fifty Five Kitchen & Bar	03-6411 8155
F-G-02	Harumi 23	03-2710 9263
G-G-13	Hookie Dookie Lounge Bar	012-228 8117
F-G-03	Kura Japanese Steamboat	03-2778 4370
B-G-08	Lucky Peaches Eating Hall + Bar	03-2712 0705
G-G-13A	Meme Tea & Coff.	03-2732 4487
B-1-12	Noriter Café	010-295 3099
A-G-01	Nitro Chicken	03-2712 6833
G-G-18	Nutz & Boltz	03-6411 2288
H-G-16	Ohkini Japanese Dining	03-2721 2620
H-M-01	Poseidon Caviar and Seafood Bar	03-2711 3679
H-G-09	Raam Ravan	012-249 1143
G-G-17	Rakuzen	03-6411 7033
A-G-08	Rock Bottom	016-6143 248
A-G-09	Sheng Mun (Bar & Dining)	012-280 6600
A-G-06	Sorrok	012-902 3021
F-G-16	Skinny Pig by UNO	03-6411 1618 / 03-6411 1628
H-G-01	S'mores Restaurant & Bar	03-2711 9443
H-G-12	Spacehub Restaurant and Bar	03-2721 2313
G-G-15	Tales	017-207 0366
F-G-01	Taps Craft Beer and Smoked BBQ	03-6411 8840
B-G-11	Thai Hou Sek	03-2715 4727
A-G-11	The Coffee Bean & Tea Leaf	03-2710 8946
B-G-13	The Fish Bowl	03-2715 9815 / 03-2715 9816
B-G-09	The Good Guys (TGG)	03-2733 3994
F-G-07	The Hermitage	03-2715 8715
F-G-06	The Steamboat Ketam Village	03-6412 2286
G-G-16	Uncle Tom	03-2733 5329
H-G-05	Yamachan Restaurant	03-6411 1718 / 03-6411 1738
F-G-03A	Yu Noodle Cuisine	03-6243 5288

HEALTH AND BEAUTY

B-G-16	AEON Wellness	013 6261 5994
G-1-13	Alpro Plus Pharmacy	03-2712 0558
F-1-11	Bali Ayu Spa	03-6734 0631
G-G-03A	Beaute Library	03-2727 7530
A-2-03	Beauty Life Studio	03-6412 2268
H-1-13A	Cellnique Desa Parkcity	03-6412 2025 / 03-6412 2026
E-2-12	Cryofit Asia	03-2715 0243
E-2-16	Custom Fit	017- 475 3547
E-2-07	Esadsa Beauty	03-2715 1196
H-1-16	F45 Gym	012-611 3294
G-1-05	Fabulash	03-6411 2511
B-G-13A	Guardian	03-2712 6790
B-1-13A	Hair Glam Studio	03-6411 9226
F-1-15	Hattitude Salon	03-2715 2275 / 03-2715 2276
E-G-06 & E-G-07	Healthland Family Wellness Centre	03-6261 6661
B-1-07	Holistic Chiropractic & Wellness Center	018-972 4072
D-1-12	Kynora Spa	03-2712 6650
G-1-18	La Fiorire Hair Salon	03-2712 0966
B-1-11	LBL Luxury Beauty Lounge	03-2720 0806
G-1-07	Luminous Nail Spa	017-260 3180
E-1-13A	NAKRB Muay Thai Gym	012-380 0284
E-2-09	Nel Beauty Parlors	011-2883 8377
A-1-11	Oriental Zen Reflexology Centre	03-2720 0417
F-1-05	Skincare Focus	016-262 5119
F-1-02	Sothys (Skin Fave Cosmeceutical)	03-6411 8843
A-1-02	Thai Odyssey	03-2715 1386
G-1-08	Thrive Gym	03-2715 9783
G-1-3A	Waltz Nail Salon	03-2711 2014
H-2-16	Wanderclass	03-6411 1781
H-1-15	Yome Sports	03-6412 2880 / 012-205 0266
SERVICES		
B-2-03A	28 Days Academy	011-2801 7449
H-1-06	Amazing Group	018-770 9558
B-2-02	Balloonartz	016-3929948
E-2-08	Drew Clinic & Esadsa Clinic	03-6411 1128
D-1-10	Dr Kiseki	03-2733 3669
D-1-09	EZ Space Office	03-2712 7728
A-B1-1A	Everest Ringgit	03-6280 7792
G-1-02	Flower & Gift Lodge	03-2715 1879
G-M-07	Kaleidoscope	03-6411 1136
G-1-10	Klinik Terry Lee	016-523 7428
F-G-13A	Impero Laundry and Tux Blazer	03-6411 7228 / 03-6411 7223
E-G-16	Impero Pet	012-231 9982
H-G-15	Lifestyle Convenience Store	03-2778 4539
F-2-07	Molly Florist	03-2732 2379
B-1-06	Nu-Up Tempo	03-6411 9931
E-G-09	O2 Klinik	03-2732 7988 / 011-2606 7988
B-G-15	Pets Wonderland	03-6262 3088
G-G-01	Peter Ch'ng Clinic	011-2288 2299
D-1-13	Phase Gallery (Formerly EDT Photography)	012-304 0558
B-G-12	Proview Optometrist	03-2712 2471
F-1-12	Qualitas Health – Radix Clinic	03-2712 0844
E-1-08	Rui Xue Dental Laboratory	03-2710 1008 / 03-2710 1009
G-1-03	Shortcuts Barber	017-870 2139
SUPERMARKET		
A-B1-01	Village Grocer	03-6143 1366

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AUGUST 2018

5

Farmers Market

8.30am onwards, The Waterfront
(Every first Sunday of each month starting from 5 Aug)

Immerse yourself in all things green by heading over to the Farmer's Market. 8:30am till stocks finish: Fresh Produce, 8:30am till 9:00pm: Handmade and Homemade.



SEPTEMBER 2018

22-23

6pm – 10pm, Sept 22, Plaza Arkadia
Sept 23, The Waterfront

Mid-Autumn Walk

Bask in the beauty that is the lantern walk at this fall-inspired festival and go for a lively stroll with the family, but not before you watch the floating lotuses drift by dreamily. If you've worked up an appetite, there'll also be food trucks, with live performances.



AUGUST 2018

17-19

11am – 9pm,
The Waterfront

Food Fest

Stuff your face with treats from over 20 food trucks, and if that doesn't fill you up - there are also 30 other food stalls to choose from that offer finger-licking-good street food. Stage games and activities for kids will be available too, so go on and indulge your cravings in peace.



AUGUST- SEPTEMBER 2018

17-9

1pm-10.30pm, Plaza Arkadia

Swiss Dream Circus

Have your breath taken away by watching internationally-acclaimed acts from all over the globe perform at Desa ParkCity before they head off to Johor, Singapore, and Ontario, Canada. These are what your most colourful fantasies are made of; so don't miss out and book your tickets now.





SEPTEMBER 2018

15-17

10am – 10pm
on Sat and Sun
& 10am – 8pm on Mon,
Car Park 3, Plaza Arkadia

Velocity Motor Show

Do special cars pique your interest? If so, make sure to attend the Velocity Motor Show and marvel at supercar showcases while listening to live music. You'll even be able to try your hand at drifting competitions, so you can fulfil your fast and furious dreams and talk with other fellow fanatics.



OCTOBER 2018

12-14

10am – 10pm, Car Park 3,
Plaza Arkadia

Renovation + Home & Garden Expo

Find inspiration and all the solutions to your home and garden dilemmas by chatting to the wide selection of 300 vendors. Not only will they be able to help you renovate your home its creative best, but there'll also be activities for the family to enjoy while you start creating your new home.



OCTOBER 2018

21

6.30am onwards

Desa ParkCity Charity Run

Raise money for charity this year by breaking a sweat at the annual Desa ParkCity Charity Run and enrol yourself in the 600 metre, 2KM, 5KM or 10KM race. All funds will be donated by participants and profits made at the event will be given to charities, so go on and make a difference. Your aching muscles will be worth it! Sign-up at endurancenature.com.my

NOVEMBER 2018

11

7am to 11am, The SportsCenter
@ Desa ParkCity

Kidzathon 2018

Come along for an adventure and experience an array of cultures from every continent in the world, in the comfort of Central Park. As you and your kid walk around Desa ParkCity's miniature version of mother earth, there will be activities and educational showcases to participate in. Register now at www.racexasia.com before 1 Oct for an opportunity you just can't miss!





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With a little twist of
Asian...

Duck Egg Carbonara

This is a version of Carbonara that I make at home for my boys, which is different from what we do at Lucky Peaches, without the heavy cooking cream. It's everyone's favourite, but with a little twist. The recipe calls for duck eggs but you could be a little more adventurous and try this recipe with cured or pickled raw duck egg instead. I love using duck eggs as they are a lot creamier and full of flavour, but be warned it comes with the added calories too!

The superstar here, without a doubt is the yolk from the duck egg. In case you're wondering where you can get these, they are readily available at any good grocer. My advice is to go for free-range versions as they are absolutely worth the difference!

Most Malaysians prefer the cooked cream version, which is not what we'll be aiming for today. Instead, we'll be paying homage to the traditional Carbonara recipe by adding an Asian touch in true Lucky Peaches fashion. You'll be pleasantly surprised with the results as it gives a cleaner taste that is both richer and more flavourful. Have a go at it and enjoy!

Lucky Peaches is a cosy spot tucked away in Plaza Arkadia, which serves up comfort food inspired by Asian flavours, along with delicious and luscious cakes from Huckleberry.

Contributor: Ling Ang, Managing Partner

LUCKY PEACHES EATING HALL + BAR

Lot no B-G-8, Plaza Arkadia

Tel 03-2712 0705

E-mail hello@luckypeaches.co

FB/IG @luckypeaches_kl

SERVING SIZE: 2 PORTIONS

INGREDIENTS

CREAMY SAUCE:

- 2 duck eggs (*free range if possible. You may replace with chicken eggs if your diet doesn't allow you, but it won't be as full in flavour*)
- 3 chicken eggs (*free range if possible*)
- 60 grams Parmigiano cheese, roughly shaved (*if you prefer a stronger flavour, a Pecorino works just as well*)
- A generous pinch of freshly ground Sarawak black pepper

THE COMPLETE DISH:

- 60gm pasta of choice – linguine, fettuccine or spaghetti
- 3 tbsp olive oil
- 3 cloves of minced garlic
- A generous pinch of freshly ground Sarawak black pepper
- 1 tbsp butter (*I always prefer salted but feel free to go with unsalted*)
- Extra shaved Parmigiano cheese
- Sea salt
- A dash of Togarashi spice (*these are available in the Japanese section of any established grocer*)

Note: You may choose to add in a handful of cubed pancetta, bacon bits, (if this is within your dietary allowance) or cubed smoked duck (*approx. 40g*), which works great too!

STEPS

TO MAKE CREAMY SAUCE:

- 1 Crack duck eggs and separate yolks (save the egg whites to make a rich pavlova!)

- 2 Combine duck yolks, chicken eggs (yolks only), cheese and pepper into a blender.
- 3 Blend till smooth. It is also suggested to make this ahead of time.

TO COMPLETE DISH:

- 1 Boil pasta of choice in a large pot with heavily salted water and ensure water is boiling with plenty of room for the pasta to float around. You'll know when the pasta is done when it's soft but still has a firm bite to it.
- 2 Heat olive oil in a large skillet over medium to high heat.
- 3 Cook the *diced pancetta/bacon bits/smoked duck until lightly browned, (omit this step if not used)* then add minced garlic and pepper. Cook till fragrant.
- 4 When the pasta is ready, drain well into a colander and add to the skillet.
- 5 Add butter and creamy sauce and return to a **low medium heat**.
- 6 **Now this step is very important :** continue to swirl the creamy pasta mix by using a tong. Move the skillet over and away from the flame for just enough heat, until the cream sauce starts to thicken. It should resemble a creamy, mayonnaise like consistency. Do not rush, or you'll risk ending up with pasta a la scrambled eggs!
- 7 Taste and season with a little bit more sea salt if required, then generously sprinkle carbonara with even more grated cheese before serving.
- 8 Finish off with a dash of Togarashi spice.



FEATURE



A family-style garage concept which is unpretentious bestencapsulates Nutz n Boltz, says owner – Ad Lincoln, but what makes this joint so special is its embedded values. Hailing from a simple start in the Food & Beverage industry, Nutz n Boltz first opened an outlet in Puchong, then brought the project to Desa ParkCity in May 2017. Thankfully, he decided to pursue his venture, now located in Plaza Arkadia, in partnership with his wife and created a plethora of fusion dishes, as well as a seriously cosy ambiance. With Ad Lincoln’s wife managing the menu, there are a whopping 90 dishes – so get ready to smack your lips and learn all about it from the man himself.

What is the cuisine like in Nutz n Boltz? And what is your best selling item on your menu?

Everything from local, Asian, Western, Northern Indian, you name it! You’ll find that each category has its trophy winner. My best sellers are my Flame & Grilled chicken, lamb rack, mutton masala pizza and chicken tandoori pizza. Of course from the Northern Indian side – I have my chicken makanwala, which goes down quite well!

What is the best way to describe the cuisine in Nutz n Boltz?

We take Western food and infuse it with an Asian touch. As an Asian myself, I feel that Asian fusion food does really well.

What kind of crowd does your restaurant bring in?

I’m blessed that for all of my outlets, majority of my customers are there for the food. I’m not into ‘price war games’ where you to slash your beer prices for a short time frame to attract customers. For me, my food is priority.

Are your typical everyday customers mainly families?

I try to focus on catering to families, because I believe that a family that eats together stays together. A lot of my beliefs and philosophies are

incorporated into the design of both Nutz n Boltz and RaamRavan. I try to cater to everyone for every occasion.

Is it taxing to prepare such a wide range of menu items?

I treat my employees like family, so they’re always happy to add things into the menu. I also consult my staff before putting items on my menu.

What inspired you to be one of the first tenants in Plaza Arkadia?

I was approached by a property agent in my Puchong outlet. At the time, I was very new in the industry and decided against it. When I first saw Plaza Arkadia, I was a bit confused as to how the final development would look but as soon as I saw this lot, I heard my calling! I told the agent that it was the outlet that I wanted.

What can the residents and patrons of Plaza Arkadia expect from their visit to Nutz n Boltz?

Safety and hygiene. I check my entire outlet 3 times a week to ensure everything is in tip-top condition. We also like our staff to mingle with the families and children to give them a sense of safety. And not to forget, the excellent food! We never use cheap ingredients. My whole family dines here, so I would only serve my customers what I would serve my own family!

Ad Lincoln believes that “a family who eats together stays together” and stresses the importance of how Nutz n Boltz only serves food that his family too, would consume. He is so family-oriented that even your fur babies are allowed at the restaurant! All in all, patrons can expect the utmost cleanliness, service, and appetizing food at Nutz n Boltz, so get over there and try something new.

NUTZ N BOLTZ

Lot no G-G-18, Plaza Arkadia
Tel 012-316 1143



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Not forgetting imbibe fans – enjoy the night with your friends and share a nice bottle of wine or a selection of our premium Bavarian bottled beers. Whatever your mood, we're ready to thrill you, come join us at Arkadia's coziest corner!

幸の桃 lucky peaches EATING HALL + BAR

B-G-8 Plaza Arkadia, DPC tel: 03-2712 0705

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